

*FAST*TRACK

The after school program of the South Area Solomon Schechter Day School

SPRING 2010

Program Book

30+ FASTTRACK Enrichment Classes

And our own exciting

Extended Day and Homework Club



**Spring FASTTRACK begins on
Monday, March 8th**

**Spring FASTTRACK ends on
Friday, May 28th**





**Registration due no later than
Friday, March 5th**

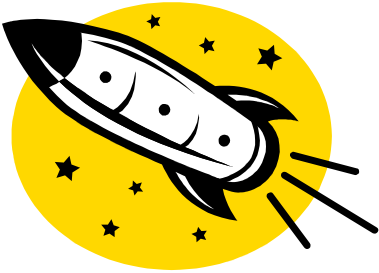
SCHUCHTER'S **FASTTRACK** Spring 2010 PROGRAM GUIDE



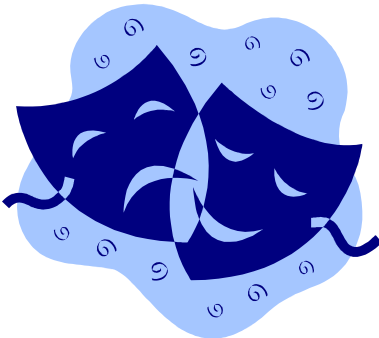
F – Fun and Fitness



A – Arts and Academics



S – Science and Sports



T – Theatre and Technology

FASTTRACK

The after school program of the South Area Solomon Schechter Day School

SPRING 2010

Program Catalog

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EXTENDED DAY'S

2010 PROGRAM

ONCE AGAIN ...

Under the extraordinary leadership of our own
Sarah Kanigsberg and Rita O'Brien
(Co-Directors)

EXTENDED DAY has an exciting format
Including formal and informal activities,
Indoor and outdoor supervised play,
Art projects, play writing, magic tricks, talent shows,
Scavenger hunts, healthy snacks,
And socialization with peers and
Friends from other grades

Children are supervised and cared for by experienced,
talented, and loving professionals
From 3:00-6:15 PM Monday-Thursday
And 2:00-3:15/3:00-4:15 PM on Friday.

**Please be prompt for pick-up! Extended Day staff leaves the school
at designated ending times! If it is an emergency and you must
reach Extended Day after 3:15/4:15 (Friday) you may call
Sandi Morgan Dunn at 781-752-7798**

FAST**TRACK**- General Information

We are thrilled to present FAST**TRACK** for the **Spring 2010** season.

FAST**TRACK** is the after school program of the South Area Solomon Schechter Day School. Whatever your student's interests may be, FAST**TRACK** is here to help develop them.

The Spring Trimester begins the week of March 8th and continues through the week of May 24th. The following week will be a make-up week for any missed classes. Classes are offered Monday through Thursday afternoons and follow the school calendar. Extended Day is offered on Fridays and will continue through the end of school.

The activity periods are scheduled from **3:10 PM – 4:10 PM** and **4:15 PM – 5:15 PM**. **Lower School students** may choose **two** activities each afternoon since their school day ends at 3:00 P.M. **Middle School students** may only choose the second session classes on Monday, Tuesday, and Thursday. They may select both first and second period classes on Wednesday, since Middle School dismissal is at 3 PM on that day.

FAST**TRACK** is the after school program and, in addition to offering a wide variety of enrichment programs, includes Extended Day, Homework Club, Orchestra, Instrumental Music Lessons, and Voice Lessons.

FastTRACK offers over 30 enrichment workshops each week. Our Spring 2010 offering is filled with innovative and fun activities. We will be utilizing the wonderful expanse of the academic, art, music, nature and physical fitness facilities at our state-of-the art Norwood campus. These activities are age appropriate, and academically, athletically and socially oriented. They are aimed at exposing, educating, engaging and exciting our students. Creativity, energy and excitement fill our campus during the after school hours.

Extended Day is available Monday through Thursday until **6:15 PM** and on Friday, until **3:15 PM/4:15 PM**. Extended Day offers students an opportunity to relax and socialize after a busy day of classes in a structured, caring, supervised environment. You may register for Extended Day by the day, week, or month by completing the attached form. The fee for Extended Day is **\$9.00/hour**, is pro-rated in thirty-minute increments per child, and is billed at the end of each month based on attendance. **Extended Day is from 2:00-3:15 on Fridays during early dismissal weeks UNTIL MARCH 19TH when it changes back to 3:00-4:15. PROMPT pick-up is required on all days! Late pick-up is billed at \$1.00 per minute per child. Extended Day has been "extended" this year by 15 minutes (M-Th) to accommodate those parents who cannot be at school by 6:00 PM. Please be respectful of the staff with timely pick-up. All staff will leave the building promptly at 6:15 PM/3:15 or 4:15 on Fridays!**

Homework Club is a well-supervised option within the Extended Day program for Mondays through Thursdays. Homework Club is available to students at all grade levels. The Homework Club is supervised by Carol Bell, SASSDS Library teacher. It runs from 3:10 – 4:10 PM on Monday, Tuesday, Wednesday, and Thursday. On Wednesdays, Middle School students may join the Homework Club. Participants in the Homework Club may transition to the Extended Day program at **4:10 only** on any given day. You may register for Homework Club as a regular alternative to Extended Day by filling out the attached form.

Extended Day and Homework Club can be added or deleted each day by e-mailing dismissal@sassds.org, calling the school and leaving a message in the “FASTTRACK” telephone mailbox or speaking with Freya Maltz (Monday, Tuesday and Wednesday) or Sue Shulman (Thursday and Friday) in the school office, **before 1 PM**. *****Children will be escorted to and from FastTRACK classes. Parents are required to sign their children out with staff members to ensure safety and accurate record keeping. ALL children must be picked up on time by parents or authorized adults.**

Instrumental Music Lessons are offered after school and are coordinated by Ken Faria, SASSDS Music Director. This marks the 17th season of after-school instrumental lessons. You may access this information on the school's website, www.sassds.org/forms/09/10/Music_Sign_up.pdf or by contacting Ken at kenfaria@webtv.net.

Individual Voice Lessons are being offered again this year. Students in 3rd through 8th grades are eligible for these lessons. Contact Sandi Morgan at smorgan@sassds.org for availability and additional information. Our own, Lisa Yves Winner, is the voice teacher.

Orchestra is held on Wednesdays from 3:10-4:00PM and **Jazz Band** is held on Thursdays during the school day. Please contact Ken Faria for more information.

SASSDS is also proud to offer the **Makhela** choir programs for the tenth year. Makhela is the SASSDS Middle School Choir and Junior Makhela is the chorus for 2nd, 3rd, 4th and 5th graders. Makhela is offered during the school day and Jr. Chorale Singing Ensemble is offered as part of FastTRACK. This year's 4th and 5th graders will rehearse during school as well with the Middle School Makhela. Contact Sandi Morgan Dunn (smorgan@sassds.org) for more information on joining Makhela.

Families from outside the Schechter community have been invited to participate in FastTRACK classes. **Registration will be open solely to Schechter families through March 5th.** Registration will then be made available to non-Schechter families. Be sure to notify your friends and neighbors that they, too, can partake of these wonderful and varied workshops.

A list of workshops and course descriptions for each activity follows. The registration form is at the end of the program book.

Classes may not be dropped but may be added with a request on e-mail or in writing to office@sassds.org.

We reserve the right to cancel classes (prior to the start date) if minimum enrollment numbers are not achieved.

FASTTRACK — SPRING Calendar 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3:10–4:10 <i>Dinosaurs and The Science of Paleontology</i> with (High Touch-High Tech Science) (K,1,2) <i>Quick Start Tennis</i> with Rob Zimmer and Nancy Zemmito (K,1,2) <i>Israeli Dance Troupe- “Kochavim”</i> with Bonnie Rubenstein (3,4,5) <i>Jr. Basketball Team</i> with Markus from (NESA) (3,4,5)</p>	<p>3:10-4:10 <i>Spring Nature Explorers</i> with Puddlestompers (K,1,2) <i>Cooks and Books</i> with Nancy A (K,1,2) <i>Jr. Chorale Singing Ensemble</i> with Lisa (2,3,4,5) <i>The Making of a Magazine</i> with Renee (3,4,5) <i>Hip Hop</i> with Siagel Productions (3,4,5) <i>Quick Start Tennis</i> with Rob Zimmer and Nancy Zemmito (3,4,5)</p>	<p>3:10-4:10 <i>Creative Jazz and Ballet</i> with Rachel (K,1,2) <i>Basics of Basketball</i> (NESA) (K,1,2) <i>Drawing and Painting</i> with Elaine (2,3,4,5) <i>Boys on Track</i> with Susan FF (3,4,5,6) <i>Middle School Musical-Theater Revue</i> with Lisa (6,7,8) <i>Quick Start Tennis</i> with Rob Zimmer and Nancy Zemmito (6,7,8) <i>Orchestra</i></p>	<p>3:10-4:10 <i>Sheer Arts Musical Production</i> with Sandi and Renee (K,1,2,3,4,5) <i>Gymnastics/Tumblekids</i> with Tobias (K,1,2) <i>Brains to Bones/Anatomy</i> with (High Touch-High Tech Science) (3,4,5) <i>Girls on the Go</i> with Susan FF (3,4,5) <i>The Magic of David Rysin</i> (3,4,5)</p>	<p>3:10-4:10 <i>Soccer Skills and Drills</i> with NESA (K,1,2,3,4,5) <i>Swimming at the Vanderbilt Club of Norwood</i> (K,1,2,3,4,5)</p>
<p>4:15–5:15 <i>Pretzel Kids Yoga</i> (K,1,2) <i>Gymnastics Choreography</i> with Melissa from (NESA) (3,4,5,6)</p>	<p>4:15-5:15 <i>Daisies/ Brownies</i> with Carol (K,1,2) <i>Master Chef Cooking Class</i> (6,7,8) <i>Computer Programming from “Scratch”</i> (David Katz) (4,5,6,7,8)</p>	<p>4:15-5:15 <i>Circus Theatrics</i> with Ali (K,1,2,3,4,5) <i>Cooking with Kathy</i> (3,4,5)</p>	<p>4:15-5:15 <i>Gymnastics/ Jr. Tumblers</i> with Tobias (3,4,5) <i>Get Fit and Stay Fit</i> with Susan (6,7,8)</p>	

FASTTRACK – Contact Information and Key Dates

Contact Information

South Area Solomon Schechter Day School Office
(781) 769-5555
[**office@sassds.org**](mailto:office@sassds.org)

Program Content (including ideas and instructors for the FASTTRACK programs)

Sandi Morgan Dunn (Director of Admissions) and
Special Programs Coordinator/FastTRACK Director
[**smorgan@sassds.org**](mailto:smorgan@sassds.org)

Registration and Fees

Ellen Powell
[**epowell@sassds.org**](mailto:epowell@sassds.org)

Extended Day and Homework Club – Scheduling Changes

E-mail changes by 1 PM to: [dismissal@sassds.org**](mailto:dismissal@sassds.org) or**
call the school office and ask for:

Freya Maltz (Monday, Tuesday and Wednesday) or
Sue Shulman (Thursday and Friday)

Key Dates for **Spring Session–**

March 5-Registration and Program Fees Due

Complete a separate FASTTRACK Registration Form for each student
Return completed registration form with program fees
(payable to “SASSDS”) to:

Att: FASTTRACK
The South Area Solomon Schechter Day School, Inc.
One Commerce Way, Norwood, MA 02062

FASTTRACK STARTS

March 8th!!!

FASTTRACK – Programs and Instructors

The after school program of the South Area Solomon Schechter Day School

MONDAY 3:10 – 4:10 PM

Dinosaurs and Paleontology with High Touch-High Tech Science

(K,1,2) - This hands-on, participatory science program travels from school to school and continues to be an integral part of our afterschool FastTRACK program. This session's dynamic instructor, "Chemistry Calie" Yousha, will enhance our own SASSDS academically challenging science and math curriculum with exciting age appropriate activities and experiments in the area of dinosaurs and paleontology. Learn how dinosaurs lived, hunted, and became extinct.

Quick Start Tennis (K,1,2) – Quick Start Tennis is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions (in our own gym), and modified scoring, all tailored to age and size. "It's the fast, fun way to get kids into tennis-and keep them playing." Quick Start Tennis coaches are long time coaches who have taught, and continue to teach, some of our students, alumni, and even our parents! Rob Zimmer, Director and Head Coach, has been a tennis pro at Easton Tennis Club and the Girls' Tennis Coach at Foxboro High School. He will be assisted by coach, Nancy Zemmito.

Israeli Dance Troupe (3,4,5) - Bonnie Rubenstein, SASSDS parent and accomplished Israeli dancer and instructor, teaches students the fundamentals of Israeli dance and choreography. The talented troupe has performed for enthusiastic audiences at school events. This year's troupe will perform at the impressive regional Israeli Folk Dance Festival at MIT in March. It is expected that students will continue with this class and performing troupe throughout the school year. New students may join the troupe, now called "Kochavim-Stars."

Jr. Basketball Team (3,4,5) – Under the leadership of Markus Potyranski, a professional coach from NESAs, students will take their basketball interest to the next level. Improve your skills, learn the rules of the game, and work toward playing competitive team basketball with your peers and maybe even on the road!

MONDAY 4:15 – 5:15 PM

Pretzel Kids Yoga (K,1,2) – Robyn Parets is a certified yoga teacher and director of Breathe Joy Yoga and Pretzel Kids. Pretzel Kids incorporates Hatha yoga postures with fun, imaginative games and relaxation techniques. Robyn is also an accomplished journalist, boasting articles in several publications including the Los Angeles Times and Investor’s Business Daily. This class offers young students strategies for relaxation and improved concentration.

Gymnastics Choreography (3,4,5,6) – is a new and exciting FastTRACK class, offered to gymnasts and non-gymnasts alike who wish to choreograph floor and beam optional routines or just want to have fun with gymnastics routines. This class is being taught by a new and enthusiastic instructor to SASSDS, Melinda Rossi, who has years of experience as a gymnastics coach at NESAs and other local gymnastic clubs.

TUESDAY 3:10 - 4:10 PM

Spring Nature Explorers with PUDDLESTOMPERS (K,1,2) –Join Puddlestompers as we explore spring Learn how plants grow and look for rainbows after April showers. Search for signs of animals and their food sources. Investigate birds building their new nests. Discover worms and other exciting life in the soil. We will explore the outside areas around SASSDS. Each week, students will bring home a small project and a hand-out describing the day's learning and activity. Come and explore spring at SASSDS with Puddlestompers!

Cooks and Books (K,1,2) – Have fun with the one and only Nancy Anderson, as children combine the love of books with cooking! This class will consist of a new story each week, followed by a cooking activity related to the story. The class will utilize the kindergarten classroom and the kindergarten kitchen for learning and fun! .First and second trimester kids loved this class and devoured the fun foods from the recipes they followed!!!

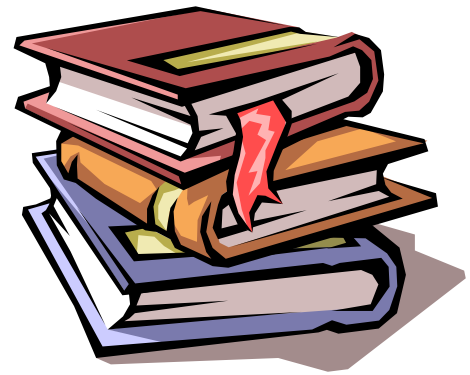
Jr. Chorale Singing Ensemble (2,3,4,5) – This program will introduce young students to the world of choral singing. The repertoire will include English, Hebrew, and Yiddish songs and will include both individual vocal training and ensemble singing. This group will work toward performances for school and community events and may have the opportunity to join the SASSDS Middle School Makhela for another very special performance at the end of the Winter FastTRACK trimester. Lisa Yves Winner (SASSDS parent) is a 25 year musician who has performed with Harry Connick Jr., studied vocal jazz performance at NYU, and recorded several CDs (including three Jazz for Kids CDs which have won awards and are being sold worldwide). We are fortunate to have Lisa with us in FastTRACK!

The Making of a Magazine (3,4,5) – SASSDS' 5th grade multi-talented teacher, Renee Werber, will, once again, work with students to create a unique magazine consisting of stories, poems, interviews, pictures, collages, designs, and much more. The class will name and brand its own publication and will then move on to brainstorming ideas for format and content. Students will have fun while improving their creative writing and marketing skills. You will be sure to see Schechter's own magazine on the library shelves very soon!

Hip Hop (3,4,5) – starts again this trimester with the one and only Greg Fernandez from Siagel Productions. Greg's fast-paced and high energy moves really get the students going as they help to choreograph their own Hip-Hop dances!

Quick Start Tennis (3,4,5) – Quick Start Tennis is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing special equipment,

shorter court dimensions (in our own gym), and modified scoring, all tailored to age and size. "It's the fast, fun way to get kids into tennis-and keep them playing!" Quick Start Tennis coaches are long time coaches who have taught, and continue to teach, some of our students, alumni, and even our parents! Rob Zimmer, Director and Head Coach, has been a tennis pro at Easton Tennis Club and the Girls' Tennis Coach at Foxboro High School. He will be assisted by coach, Nancy Zemmito.



TUESDAY 4:15 – 5:15 PM

Daisies/Brownies (K,1,2) – Be a part of the national Girl Scout Association while having fun with your friends. Led by SASSDS library teacher, Carol Bell, Daisies/Brownies will introduce young girls to the world of Girl Scouts through arts and crafts, music, games, and service projects for the school and community. This is a year-long program with registration through FastTRACK by the trimester. Your child may participate for one or more sessions.

Master Chef Cooking Class (6,7,8) – is for those 6th, 7th and 8th grade students who have taken *Cooking Around the World* at SASSDS with Kathy Kats during the past two years. These students will learn more advanced techniques and recipes and will be able to show their independence and expertise in the kitchen.

Computer Programming from "Scratch" (4,5,6,7,8) – David Katz, SASSDS parent, is thrilled to offer this popular class and we are fortunate to have him! Using a graphical, student-friendly free programming language, "**SCRATCH**," developed at MIT, participants will learn the basics of computer programming. They will be surprised at how easily they can create interactive programs with sound and graphics, and they will be encouraged to use their creativity to enhance their projects. The skills they acquire will provide a foundation for further forays into computer programming, a critical skill for the future!

WEDNESDAY 3:10 – 4:10 PM

Creative Jazz and Ballet (K,1,2) – Rachel Moore, a student at Canton High School, will teach a combined creative jazz and ballet class. Rachel has been dancing for 10 years and have loved every minute of it! They enjoy all types of dance, including jazz, ballet, hip-hop, tap, and lyrical. Rachel will bring her love of dance, of theater, and of SASSDS to their young students, offering them an enjoyable and enriching class. This class will culminate in an informal performance for parents and friends.

Basics of Basketball (K,1,2) - Markus Potyranski, professional coach from New England Sports Academy, will coach students in basketball basics. Students will learn basketball skills while performing drills in our state-of-the-art gym. Markus, a favorite of our FastTRACK and Summer All Sports Week participants, has been with us for the past three years!

Drawing and Painting (2,3,4,5) - Elaine Goldstein, talented artist and instructor, resides in Sharon and has been the owner of Art Studio 58 for the past 17 years. Students from Sharon and surrounding towns learn to draw, paint, and create using different types of medium. Elaine taught art in the public schools for many years and holds a Masters in Education with a specialization in the visual arts. We are honored to once again, have Elaine teach in our FastTRACK program!

Boys on Track (3,4,5,6) - is a fun-filled and impressive training program led by Susan Flashner-Fineman, an experienced and popular personal trainer, fitness instructor, and SASSDS alumni parent. The class will focus on running and fitness and is a great training program for future high school cross-country, track, and future Olympic athletes.

Middle School Musical Theater Revue (6,7,8) - We are thrilled to announce that in the “off year” of our all-school Hebrew musical productions, the talented Lisa Yves Winner will, once again, direct and produce a Middle School Musical Theater Revue! This year’s extremely talented and creative group of middle school students will have the opportunity to design a revue that will be presented to an audience of family and friends at the end of the Winter FastTRACK trimester. With Lisa’s guidance, students will choose individual or small group musical numbers or dramatic readings for staging and choreography. There will be a theme and whole group ensemble pieces to bring the revue together as a lasting memory for the cast.

Quick Start Tennis (6,7,8) – Quick Start Tennis is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions (in our own gym), and modified scoring, all tailored to appropriate age and size. “It’s the fast, fun way to get kids into tennis-and keep them playing.” Quick Start Tennis coaches are long time Sharon coaches who have taught, and continue to teach, our students, alumni, and even our parents! Rob Zimmer,

Director and Head Coach, has been a tennis pro at Easton Tennis Club and the Girls' tennis coach at Foxboro High School. He will be assisted by coach, Nancy Zemmito.

SASSDS Orchestra - Ken Faria, SASSDS Music Director extraordinaire, leads our highly regarded orchestra. Join fellow musicians and experience the thrill of playing classics, movie, and Broadway theatre music as part of school and community events.. Contact Ken at kenfaria@webtv.net for information on this year's orchestra.

WEDNESDAY 4:15 – 5:15 PM

Circus Theatrics (K,1,2,3,4,5) – Impress your friends and bedazzle your classmates with a variety of clowning and circus skills! From the more traditional acts of juggling and stilting to the more exotic skills of poi spinning and acro-balance, this class offers an introduction to circus skills and performance. The class will culminate in a circus show where you can show off what you have learned. The incredible instructor, Ali, comes from the Ocean State Circus Performers/Circus Theatrics of Rhode Island.

Cooking with Kathy (3,4,5) - Cooking with Kathy is a beginning cooking class taught by Kathy Kats. 3rd, 4th, and 5th graders will have fun and become comfortable in the kitchen learning basic baking and cooking skills. They will make recipes that can easily be recreated at home. This ever popular class will fill up fast so don't miss out!

THURSDAY 3:10 – 4:10 PM

Sheer Arts Musical Production (K,1,2,3,4,5) - Sandi Morgan Dunn and Renee Werber will, once again, direct an exciting multi-age production. Students will be involved in acting, singing and dancing. The play will be determined by the cast size and age of the participants. It will surely be another Sheer Arts extravaganza! According to the amazing Sheer Arts summer performers, “Sheer Arts Rocks!”

Gymnastics/Tumblekids with Tobias (K,1,2) - Tobias Potyranski will, once again, bring his mats and his dynamic personality to our gym, providing participants with a safe, fun-filled and active gymnastics class. This popular and highly successful program engages children through exercise, agility, skill, and cooperative learning and play!

Brains to Bones/Anatomy with High Touch/High Tech Science (3,4,5) - This hands-on, participatory science program is taught by “Jungle Jeff “ Unger. Starting with the brain, you will discover all the cool things your body does and why!!!

Girls on the Go (3,4,5) -This class/training program for 3rd, 4th, and 5th graders will, once again, be led by Susan Flashner-Fineman, a fun and experienced personal trainer, fitness instructor, and SASSDS alumni parent. Susan has taught this popular class since 1998 at the J.C.C. and for three years as part of our FastTRACK program. The girls will learn about how to achieve a healthy lifestyle through good nutrition habits and exercise. Running, training, and building self esteem will be the focus of each class!

The Magic of David Rysin (3,4,5)- has returned to the SASSDS stage. David will teach you how to amaze and trick your friends. You will learn classic magic tricks such as the cup and ball trick, tricks with coins, dollar bills, cards, and sophisticated tricks of the mind. You will use every day objects from home and from real magic sets. Get ready to put on your own magic show at home, at school, or on the road!

THURSDAY 4:15 – 5:15 PM

Gymnastics/Jr. Tumblers (3,4,5) – Tobias Potyranski will, once again, bring his mats and his dynamic personality into the gym for a safe and fun-filled hour of tumbling! If you enjoy gymnastics and just want to have fun, or if you are an aspiring gymnast, this class will offer you proper tumbling techniques.

Get Fit and Stay Fit (6,7,8) - This class/training program for 6th, 7th and 8th grade girls will be led by Susan Flashner-Fineman. This program is designed to empower girls with greater self-awareness, self-esteem, self-confidence, and achievement. The program focuses on educating girls on healthy lifestyle choices through running, work-outs, interactive activities, games, and discussion. The girls will train to complete a one mile run by the end of the session.

FRIDAY 2:10-3:10 PM

Soccer Skills and Drills (K,1,2,3,4,5) – Professional coach from NESAs and soccer star from the Revolution, Carlos Semedo will run an indoor soccer program, teaching basic skills, sportsmanship, and offering exercise for the winter season. This is a great way to end the week and get out some extra energy before Shabbat!

Swimming Lessons (K,1,2,3,4,5) – FastTRACK is pleased to announce the availability of swimming lessons at the Vanderbilt Club, just off of Rte 1 in Norwood, less than 1 mile from school. Led by WSI Certified Instructors, the small skill leveled classes focus on teaching proper swim techniques for a life long love of swimming. Parents will provide transportation from school to the Vanderbilt Club and will be available to supervise their own child before and after the lesson. Efforts will be made to arrange carpools to the Vanderbilt Club among participating families. (Lessons are from 3:30-4:00 PM).

FASTTRACK- COMPLETING THE REGISTRATION FORM

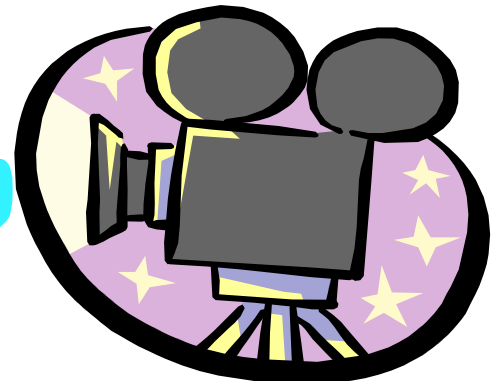
Please note the following when completing the FASTTRACK registration form:

- A separate form must be completed for each student.
- Return completed registration form with program fees (payable to SASSDS) to:
FASTTRACK
The South Area Solomon Schechter Day School, Inc
One Commerce Way, Norwood, MA 02062
- Registration forms and payments are due **on Friday, March 5th**.
- Space is limited in certain activities for safety and instructor-student ratios to ensure a quality experience. Certain classes have maximum enrollment and participants will be accepted on a first come first serve basis based on receipt of a completed registration form, including payment of fee.
- **Classes require a minimum enrollment in order to take place!!!!**
- **NO REFUNDS** can be issued once classes begin due to commitments to instructors, outside contractors, students enrolled in the class, and purchase of program materials.

Students enrolled in FASTTRACK classes must be picked up promptly at the end of their workshop. If enrolled in two classes on the same day they will be escorted to their second class. Students may not be unsupervised in the school building or on the campus during after school hours. Students who are not picked up promptly at the end of class will be taken to the EXTENDED DAY program area. Parents will be billed at Extended Day rates for that time. If a student is enrolled for a second session class on a given day, but not the first period of FASTTRACK, that student must be enrolled in Extended Day or Homework Club for the first period.

The number of sessions of a workshop varies based on the day of the week. This is a result of the school calendar. During the Spring FastTrack session, Monday has 10 classes; Tuesday has 10; Wednesday has 8; Thursday has 10; and Friday has 12. Program fees have been adjusted to reflect the number of sessions within a workshop, material costs and instructor/outside collaborator charges.

Take a few minutes to look over our Spring 2010 course offerings and fill out the registration form. We are sure you'll find many activities to meet and peak your interests.



FASTTRACK – Registration Form – *SPRING 2010*

Complete a separate FASTTRACK Registration Form for each student

Page 1/3

Child's Last Name: _____ Child's First Name: _____

Current Grade: _____

Family Name: _____ Parent's E-mail: _____

PROGRAM SELECTIONS

<u>PROGRAM</u>	<u>FEE</u>	<u>SELECTION</u>	<u>FEE</u>
		(Mark with 'X') (Fill-In)	
MONDAY 3:10 – 4:10 PM (Beginning March 8th- 10 weeks)			
Dinosaurs-High Touch (K,1,2)	\$ 160	_____	_____
Quick Start Tennis (K,1,2)	\$ 170	_____	_____
Israeli Dance Troupe (3,4,5)	\$ 150	_____	_____
Jr. Basketball Team (3,4,5)	\$ 160	_____	_____
Extended Day (K-5) (3:10-4:10 PM)	\$ 9/hr *	_____	*
Homework Club (1-5) (3:10-4:10 PM)	\$ 9/hr *	_____	*
MONDAY 4:15 – 5:15 PM			
Pretzel Kids Yoga (K,1, 2)	\$ 150	_____	_____
Gymnastics Choreography (3,4,5,6)	\$ 160	_____	_____
Extended Day (K- 8) (4:15 – 6:15 PM)	\$ 9/hr *	_____	*
TUESDAY 3:10 – 4:10 PM (Beginning March 9th- 10 weeks)			
Spring Nature Explorers (K,1,2)	\$ 160	_____	_____
Cooks and Books (K,1,2)	\$ 150	_____	_____
Jr. Chorale Singing Ensemble (2,3,4,5)	\$ 150	_____	_____
The Making of a Magazine (3,4,5)	\$ 150	_____	_____
Hip Hop (3,4,5)	\$ 160	_____	_____
Quick Start Tennis (3,4,5)	\$ 170	_____	_____
Extended Day (K-5) (3:10-4:10 PM)	\$ 9/hr *	_____	*
Homework Club (1-5) (3:10-4:10 PM)	\$ 9/hr *	_____	*
TUESDAY 4:15 – 5:15 PM			
Daisies/Brownies (K,1, 2)	\$ 100	_____	_____
Master Chef Cooking Class (6,7,8)	\$ 180	_____	_____
Computer Programming (4,5,6,7,8)	\$ 170	_____	_____
Extended Day (K-8) (4:15 – 6:15 PM)	\$ 9/hr *	_____	*

* Extended Day and Homework Club are billed at the end of each month based on attendance.

Page 2/3: **FASTTRACK** – Registration Form—*Spring 2010*
Complete a separate FASTTRACK Registration Form for each student

Child's Last Name: _____ **Child's First Name:** _____

<u>PROGRAM</u>	<u>FEE</u>	<u>SELECTION</u>	<u>FEE</u>
	(Mark with 'X')	(Fill-In)	
WEDNESDAY 3:10 – 4:10 PM (Beginning March 10th- 8 weeks)			
Creative Jazz and Ballet (K,1,2)	\$ 104	_____	\$ _____
Basics of Basketball (K,1,2)	\$ 128	_____	_____
Drawing and Painting (2,3,4,5)	\$ 136	_____	_____
Boys on Track (3,4,5,6)	\$ 120	_____	_____
Middle School Revue (6,7,8)	\$ 128	_____	_____
Quick Start Tennis (6,7,8)	\$ 136	_____	_____
SASSDS Orchestra (3:10 – 4:00 PM)			
Extended Day (K-8) (3:10 – 4:10 PM)	\$ 9/hr *	_____	*
Homework Club (1-8) (3:10-4:10 PM)	\$ 9/hr *	_____	*
WEDNESDAY 4:15 – 5:15 PM			
Circus Theatrics (K,1,2,3,4,5)	\$ 128	_____	_____
Cooking with Kathy (3,4,5)	\$ 144	_____	_____
Extended Day (K-8) (4:15-6:15 PM)	\$ 9/hr *	_____	_____*
THURSDAY 3:10 – 4:10 PM (Beginning March 11th- 10 weeks)			
Sheer Arts Musical Production (K,1,2,3,4,5)	\$ 150	_____	_____
Gymnastics/Tumblekids (K,1,2)	\$160	_____	_____
Brain to Bones/High-Touch (3,4,5)	\$ 160	_____	_____
Girls on the Go (3,4,5)	\$ 150	_____	_____
Magic of David Rysin (3,4,5)	\$ 140	_____	_____
Extended Day (K-5) (3:10-4:10 PM)	\$ 9/hr *	_____	_____
Homework Club (1-5) (3:10-4:10 PM)	\$ 9/hr *	_____	_____*

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Page 3/3: **FASTTRACK** – Registration Form – *Spring 2010*
Complete a separate FASTTRACK Registration Form for each student

Child's Last Name: _____ **Child's First Name:** _____

<u>PROGRAM</u>	<u>FEE</u>	<u>SELECTION</u> (Mark with 'X')	<u>FEE</u> (Fill-In)
THURSDAY 4:15 – 5:15 PM			
Gymnastics/Jr. Tumblers (3,4,5)	\$160	_____	_____
Get Fit and Stay Fit (6,7,8)	\$150	_____	_____
Extended Day (K-8) (4:15– 6:15 PM)	\$ 9/hr *	_____	_____*

FRIDAY 2:10 or 3:10 PM (Beginning-March 12th - 12 weeks)			
Soccer Skills and Drills (K,1,2,3,4,5)	\$192	_____	\$ _____
Swimming at the Vanderbilt Club (K-5)	\$192	_____	_____
Extended Day (K-8) (2:10-3:15 PM)	\$ 9/hr *	_____	_____*

- *** **PROMPT PICK-UP PLEASE FOR SHABBAT!**
- **** **Transportation required to Vanderbilt Club**

Total workshop and program fees (Check payable to SASSDS): \$ _____

* **Extended Day and Homework Club are billed at the end of month based on attendance.**

STUDENTS and PARENTS – WHAT WORKSHOPS WOULD YOU LIKE TO SEE AT FastTRACK? Please share your ideas with us right here and right now.

For School's Use Only:

Date Rec'd: ___/___/09

Amt Pd: \$ _____

Ck #: _____

Total Fee: \$ _____

Balance Due: \$ _____

Registered Y